



KAHAKUHI O 'ĀINAHAU

"The Flame of 'Āinahau"





CHARLENE KAZNER
Pelekikena
(President)

Aloha mai kakou,
OUR 32ND ANNUAL SCHOLARSHIP `Aha`aina is just around the corner. We have worked so hard preparing for our Big Event under the tutelage of Aunty Ulu and Eric Kakahara for hula and music, respectively. It seems like yesterday that we were discussing the theme, the songs, etc. and here it is only two weeks away. So, in the next two weeks I'd like all of us to enjoy the final preparations and be proud of what we have accomplished. Mahalo to Aunty Ulu, Eric, the `Aha`aina Committee and all of you for your dedication, commitment and perseverance. **THE HO`OLAULE`A EARLIER** this month was a smashing success. We sold out of lau lau, lomi salmon, poi, rice and watermelon..... everything! We have finally found our niche, which works very well for us. Mahalo to Eric Kakahara, Maile Hubbard and Edye Hill for organizing and coordinating this event. The operation for the Food and Game booths ran so smooth. Mahalo to everyone who helped in any way to make this a success. It was great to have Maggie Perry join us all the way from Henderson, Nevada. What a pleasant surprise! We will be at the Pacific Islander Festival of Orange County at the Huntington Beach Central Library on September 20th and 21st serving the same menu with the addition of spam musubi, everyone's favorite. E hele mai.....come join us for ono food, great entertainment, island villages and connecting with family and friends. **I HOPE YOU ARE ENJOYING** the summer. Remember to drink a lot of liquids, use sunscreen, a hat and keep cool.

Malama pono,
 Charlene Kazner
 Pelekikena

July (Iulai) 2014



EDYE HILL
 Hope Pelekikena 'Ekahi
 (First Vice-President)

Aloha AOKHCC Ohana,
 AOKHCC and the Scholarship Committee are extremely proud to have awarded the following persons with Academic Scholarships, Youth Scholarships, and Kalama Scholarships in 2014. We congratulate **Jann Ualani Ho`opai, Regina Elisa Jaster, Marlise Klein (Kalama Scholarship), Alexis Piliuaikēhilo Morgan (Kalama Scholarship), Jacob Kainaloukulani Smith, and Stephanie Underwood.**

Mahalo to all of the AOKHCC members whose efforts, donations, and dedication made funding the future endeavors of these scholarship recipients possible. I also want to thank the Scholarship Committee for their dedication and hard work in conducting the scholarship application process.

We also need to thank in advance the great efforts of the `Aha `Aina Committee who coordinate, plan, and execute the annual luau that serves as the main fundraiser for AOKHCC scholarships. We have many local businesses to thank for their donations; most significantly Southern California Edison for its grant that greatly contributed to the scholarship fund.

The `Aha `Aina is just around the corner on **Saturday, August 16, 2014** in Costa Mesa. I hope to see you all there. Bring a friend to enjoy the ono food and delight in the hula and live music.

Malama pono, Edye Hill
 Hope Pelekikena 'Ekahi



Message from the Editor Maggie Perry

Aloha All!

What a fabulous job the organizers of this year's Ho'olaulea did!! It was an exciting and fast pace moving weekend and I'm sure with record breaking results. I was glad to be a part of it! Mahalo to Charles & Steve letting me catch a ride to travel to the park from Henderson. Also mahalo to Nanikapua and the McEwan's to complete an awesome four day trip!

For those of you who could not view my recent photo show of the weekend, I have added a few photos to this newsletter.

Also, mahalo to Uncle Victor for his picture contribution too and of course to our contributors in this issue for great and informative articles!!

Be ready with smiling faces and colorful aloha wear for my picture taking on August 16th! A Hui Hou! Maggie

Mahalo to Karen Rijken and her good friend, Jaime pictured on the right (and all her other helpers and contributors of plants) for the beautiful display for our booth at the Ho'olaulea that took 2nd Place!!



'ĀINAHAU 2014 UPCOMING EVENTS

- ▶ Hula Practice Mondays (Costa Mesa Center) and Thursdays 7:00 Wintersburg until **August 11, 2014 6:30 —Dress Rehearsal!**
- ▶ **On Going Health Living – Sunday - low impact walk and bicycle riding for health at 1:00 HB Library with Aunty Ulu or as announced in e-mail.**
- ▶ **August 8-9 Kumukahi Ukulele & Hula Festival, Sam's Town, Las Vegas, NV**
- ▶ **August 16, 2014 Aha'aina 2014—Costa Mesa, CA (Also posted on Aloha World.com)**
- ▶ **August 17, 2014 Aquarium of the Pacific Sleep Over**
- ▶ **September 20-21, 2014 Pacific Island Festival, Huntington Beach Central Park, CA**
- ▶ **September 27, Movie Night (General Meeting) More details to come.**
- ▶ **September 27, 2014—Susan Komen Race**
- ▶ **October 18, 2014 Pau Hana Bash**
- ▶ **October 26 - November 2, 2014 Convention in at Waikoloa, Hawaii Island**





MEMBER PROFILE
CAROL AND ALIKA JOHNSON

Aloha AOKHCC Members:

La'i'emalo'o Kapu uncles, aunts, and cousins are serious, no can talk, play-for-"baulahead" trump card players. And you ask, "Where in the world is La'i'emalo'o?" It's after the last official house leaving Hau'ula just before you reach Pounders on Oahu's North Shore—that's La'i'emalo'o. And Alex was born in Kahuku Hospital, no doubt to the joy of happy parents and a huge extended family. He is the 6th of 11 children (6 boys and 5 girls). His family home was actually in Hau'ula, close to his mother's family roots in La'i'emalo'o. His father's employment at the Pearl Harbor shipyard necessitated the family moving to Honolulu. Alex is a product of Royal, Central Intermediate, and McKinley High Schools.

Carol was born in Waimea, Kaua'i and was an only child until her parents adopted a son when she was 25 years old. She remembers how happy her mom and dad were! Carol grew up in the sugar plantation town of Kekaha—a little village on the southwest side of the island which back then was home to about 3000 people, counting chickens, dogs, mynah birds, etc." Leaving Kekaha School, she attended Kamehameha 8th through 12th grades, and later graduated from BYU Provo—which happened eons ago!

Alex and Carol met in the early 1960's in Los Angeles while playing church volleyball. They also played in community gyms in Glendale, Burbank and in a gym somewhere close to USC. Two of her three roommates back in the day were Mary Johnson DeCosta and **Agnes Johnson Hubbard**—who would have guessed what would have resulted! Alex and Carol lived in LA for two years after they were married and then moved back to Hawaii to be close to Carol's aging parents. For a short time they lived in the Mo'ili'ili area. When they had the opportunity to buy their first home, they moved to Waipahu, where they lived for 25 years. When Alex's mother passed away, his dad asked them to move into his home in the Kewalo area. They stayed there for ten years until his dad passed away.

Alex and Carol are the parents of two children, a deceased daughter—who was a Kamehameha Schools K-3 Hawaiian language-culture teacher (if you go to a Consolidated Theater movie in Honolulu, you will undoubtedly

MEMBER PROFILE

CAROL AND ALIKA JOHNSON—CONTINUED

see the trailer featuring solemn torch-bearing hula dancers; the second female dancer appearing on the screen is our daughter, Arletta—see Denby Fawcett's article in the May 2014 Honolulu magazine about where are the cast members now), and a son who still lives in their family home in Honolulu and works for Apple at its Ala Moana Center store. From their daughter and son-in-law, they have two grandsons and a granddaughter.

Alex worked in the printing business during his working career—everything from production and sales to management. Carol graduated from BYU with an education degree and she worked in healthcare administration for many years.

Now that they are retired for 11 years, Alex finds joy in making ukulele and working in the garden. Carol is so glad to be retired and be able to get up when she wants to and go to bed when she wants to. She also enjoys puttering around the yard...seeing things grow (even though she says she has a "black thumb.") Carol also enjoys reading. Both continue to keep busy with church responsibilities, Hawaiian Civic Club activities, organizing and coordinating a kupuna group's activities in Utah Valley, teaching weekly kaikamahine hula and traveling. For some reason or another their Ford PU always seems to be heading south on I-15 for Southern California!!!

When asked why they moved to Pleasant Grove, Utah from Honolulu, Carol says, "We moved to PG because back 8 years ago, a gallon of milk was \$1.25!"



[Editor's Note: Carol doesn't mention that she has a beautiful singing voice!! Too bad they live in Utah. She made an appearance at one of our General

Meetings and both she and Alika played/sang beautiful music. As many of you know, Alika makes the instruments pictured. See Membership Roster for contact information. Mahalo you two for sharing your story. Also check out the website Carol mentioned and "meet" her two good looking grandchildren. Look forward to more volunteers for like them doing Member Profiles —so we can get to know our `Āinahau Ohana!!]



Convention Update By Ka'ala Pang

55th Association of Hawaiian Civic Clubs Convention, October 26 – No- vember 2, 2014

Room reservations
can be made by call-
ing 1.808.886.6789
Monday thru Friday
from 6:00 a.m. –
2:00 p.m. or toll free
1.877.359.3696.
Please ask for the
Association of HCC
group rate of \$149



per night. The link <https://resweb.passkey.com/go/2014AHCC> can also be used to make your reservation online. Applicable state and local taxes are currently 13.416% which is \$19.99. Marriott has a standard resort package fee. **When you check-in at the hotel, you much say NO to the fee or else you will be charged. Because we are a group, this does not apply to us.** Also, the 3rd person to a room and each additional one after will be charged \$40 each. Persons under the age of 18 years old are free. The person whom makes the reservations will receive the confirmation and not the person who you make the reservation for.

A shuttle is available from the airport to the hotel for a fee: 1 pax \$51; 2 pax \$53; 3 pax \$55; 4 pax \$57; 5 pax \$59; 6 pax: \$63; 7 pax; \$82; 8 pax \$92. Call or text Mr. T @ 1.808.756.1144 or email resort808@gmail.com to make reservations. Be sure to use code AHCC to receive a 15% discount.

Ho`olaule`a, Wednesday, October 29, 2014: Hulihe`e Palace:

Menu: Kalua Pig, Chicken Long Rice, Squid Luau, Lomi Salmon, Poi, Rice, Haupia, Ko'ele Palau, Cake, and juice. Dinner at 6:00 p.m.

Cost: \$65.00 per person. (Includes bus transportation, Palace tour and a hula drama by Ke Kula O Nawahiokalaniopu'u, Kea'au).



Bus pickups: 4:00; 4:30 and 5:00 p.m. in front of the hotel.

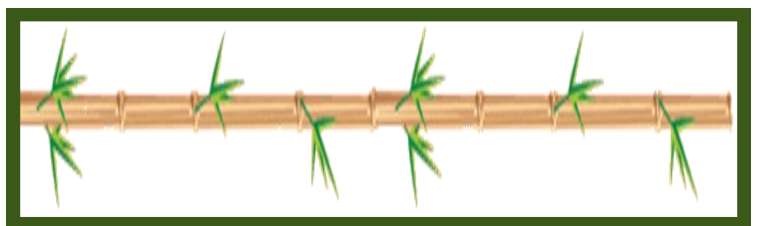
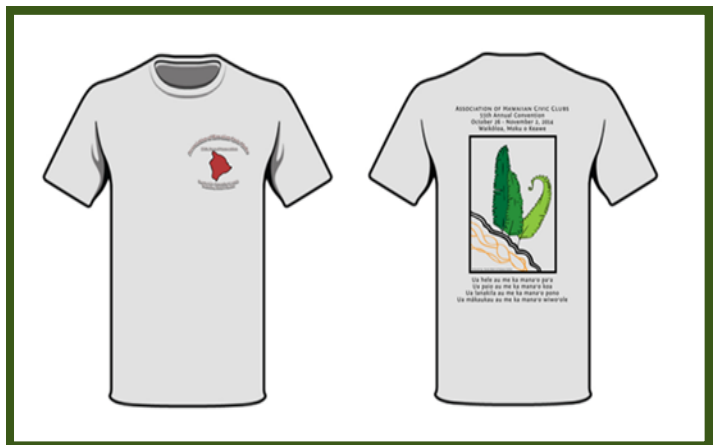
Dress Code: No shorts, tank tops, or slippers.

Contact: Geri (808)960-4053

Email: djgm1@hawaii.rr.com

Pre-Order - Convention T-Shirts (light steel) order form online @ **55th Annual Convention, Association of Hawaiian Civic Clubs**. Limited supply of T-shirts at Convention. Deadline for pre-Convention orders is: **September 29, 2014**

Meal Functions at Waikaloa available online @ Association of Hawaiian Civic Clubs Convention: 55th AHCC Convention, Waikaloa, Hawai'i. Deadline for meal plan **September 30, 2014**. [Convention delegates, Alternates, At-Large Committee Chair: \$115. All guests and others, Meal Plan: \$228]





*Nā Lei Makalapua
Information and
Other Updates*

Mainland Council, Association of Hawaiian Civic Clubs—**Nā Lei Makalapua** will host a community convening for Hawaiian Nation Building with a panel from the Department of Interior, experts from the Hawaiian community, **Springfield College located at 17542 E. 17th Street, Suite 200, Tustin, CA, 92780 on Sunday, August 10, 2014 from noon to 6:00 p.m.**

Springfield College located east of 55 Freeway, in back of Sun West Bank, **Park on the 2nd Level of Parking Structure to enter directly into COLLEGE.** AOKHCC members invited to bring a snack to share. Join us!

Please contact Charlene Kazner (714) 290-8681 if you have any questions.

**AOKHCC Nā Hana Lima No`eau
Workshop Was Held**

On June 28, 2014 at the PIHP's Conference Center in Santa Ana, CA a special Saturday immersion program for AOKHCC members included a variety of Nā Mea Hawai'i (all things Hawaiian) art and crafts.

Pictured are sample project completed by nā kupuna Aunty Lori and Uncle Norman Mathews.

MAHALO for sharing your awesome work for members who missed the activity:

Updates Continued



Mahalo, photo by Bebe Huff

hoe wa`a (made from French tulip pods, tapa sales), pua lauhala (pandanus rose), i`a (pandanus fishes), breast cancer awareness mini-ipu heke (beads in varied sizes to show mammography detection of sizes of possible breast tumor), lei la`i crafts (lauki- ti-leaf cordage). Mahalo to crafters: Ryan Terao, Chase Ruano, Gina Jaster, Ka`ala Pang.

Hawaiian Nation Building Update

Advance AN OPTION for Native Hawaiian people to consider. Federal rules will open a door to an enhanced self-governance that is already open to every indigenous peoples in the US **SECURES THE PROMISE** of a federally-recognized Native Hawaiian government, completing the work of Senator Akaka.

LEADS to strengthened legal protections for our trusts, our assets, and our programs currently addressing critical Native Hawaiian needs.

KEEPS all options open as we move forward with nation-building.

DOES NOT CLOSE off any other sovereignty options or limit future choices.

Check out www.imuahawaii.org for details to support HAWAIIANS MOVING FORWARD, SAY YES!



Men's Health Month
By Ka'ala Pang, R. N.

JUNE was Men's Health Month:

The purpose of Men's Health Month is to heighten the



awareness of preventable health problems and encourage early **detection** and **treatment** of disease among men and boys. Alarming statistics show that men's health is at great risk.



On average, men die almost 6 years younger than women and suffer higher mortality rates for the top causes of death. The lives of hundreds of thousands of men will continue to be threatened unless immediate action is taken to combat this growing crisis.



Research shows that:

Men do not see physicians for a physical exam nearly as often as women

Men are dying of the top causes of death at higher rates than women

Men are more likely to be uninsured than women

Approximately 30,000 men in the US die each year from prostate cancer



Nā Kāne Health Awareness MONTH reminder:

Eat Healthy

Get Moving

Make Prevention a Priority

1 in 2 men are diagnosed with cancer in their lifetime compared to 1 in 3 women.



'Āinahau Kane featured above
Victor Pang
Tom Kakihara
Dennis Kazner
Julian "Colonel" Judd
Joseph Rodrigues
Eric Kakihara

Men's Health Month Continued
By Ka'ala Pang, R. N.

Silent Health Crisis

There is a silent health crisis in America...it's that fact that, on average, American men live sicker and die younger than American women."

Dr. David Gremillion, Men's Health Network

Health Facts: Men die at higher rates than women from the top 10 causes of death and are the victims of over 92% of workplace deaths. (BLS) In 1920, women lived, on average, one year longer than men. Now, men, on average, die almost five years earlier than women. (CDC)

Prevention:

Women are 100% more likely to visit the doctor for annual examinations and preventive services than men. (CDC 2001)

Who is the Weaker Sex?

115 males are conceived for every 100 females.

The male fetus is at greater risk of miscarriage and stillbirth.

25% more newborn males die than females.

3/5 of SIDS victims are boys.

Men suffer hearing loss at 2x the rate of women.

Testosterone is linked to elevations of LDL, the bad cholesterol, and declines in HDL, the good cholesterol.

Men have fewer infection-fighting T-cells and are thought to have weaker immune systems than women.

By the age of 100, women outnumber men eight to one. (NYT Magazine 3-16-03)

Depression and Suicide

Depression in men is undiagnosed contributing to the fact that men are 4 x as likely to commit suicide.

Among 15- to 19-year-olds, boys were 4 x as likely as girls to commit suicide.

Among 20- to 24-year-olds, males were 6 x as likely to commit suicide as females

The suicide rate for persons age 65 and above: men...28.5 – women...3.9.

To learn more, call: Men's Health Network , P.O. Box 75972, Washington D.C. 20013

info@menshealthnetwork.org;

www.menshealthnetwork.org



NEXT GENERAL MEETING MEETING

DATE: Sunday, August 24, 2014
TIME: 2:00 p.m.
PLACE: Farmers & Merchants,
12523 Seal Beach Blvd.
NEXT DATE: September 27, 2014



August Birthdays

- 4 PETER RIJKEN
- 5 TOM KAKIHARA
- 7 KAULANA CANTO
- 10 LOUIS HUBBARD
- 12 ARTLAND KA'AI
- 12 CHASE RUANO
- 12 JOSEPH RODRIGUES
- 13 KEALOHA BODE
- 15 ANTHONY KAI RIJKEN
- 17 BEBE HUFF
- 19 ERIC ROTH
- 20 PAUL SHELLABARGER
- 20 DAVID KAZNER
- 22 STEPHANIE UNDERWOOD
- 26 NANI ROTH
- 27 NANI BUSCH

*** FUTURE BIRTHDAYS SEND ME
YOUR PICTURES TO BE
FEATURED—mapg5@msn.com
Maggie**



KOLOHE LUNCH CORNER By Gil Kveen



Coming Up:

Date: August 13, 2014
Time: 11:30 a.m.
Place: Diho Siam Restaurant,
(Thai and Chinese cuisine) 1835
Newport Blvd., Costa Mesa, CA
(behind Mimi's)

Kolohe Date: August 27, 2014
Time: 11:30
Place: Brodard Restaurant
(Vietnamese cuisine/Nem Nuong),
9892 Westminster Ave #R, Garden
Grove, behind the 99 Cents Only
Store, turn into driveway at 15th off
Brookhurst Street



CHARITABLE DONATIONS



REMINDER: PLEASE SAVE YOUR ALUMINUM CAN POP TOPS. Gil Kveen is collecting pop tops from cans on an on-going basis. The pop tops will be donated by 'Ainahau as a fundraising project for the Ronald McDonald House. **ASK**

ALL YOUR OHANA/FRIENDS TO COLLECT FOR 'AINAHAU TOO!

Paddy and Tom Kakihara continue to collect for the homeless small bars of soap and shampoos from hotels and any clothing for men, women & children!! Contact Paddy: pkakihara@yahoo.com

All Pau Until Next Time







ĀINAHAU O KALEPONI HAWAIIAN CIVIC CLUB

Membership Application and Renewal Form

Date Submitted: _____

Sponsored by: _____

Name: _____

Spouse: _____

Hawaiian Ancestry Ae _____ A'ole _____

Hawaiian Ancestry Ae _____ A'ole _____

Hawai'i Born Yes _____ No _____

Hawai'i Born Yes _____ No _____

Birthday _____

Birthday _____

Address: _____

Number & Street

Unit or Apartment

City

State

Zip Code

Phone: _____

Home/Residence

Work/Business

E-mail

Please list household members (children under 18)

Age

Sex

Interests/Talents to Contribute

1. _____

2. _____

3. _____

4. _____

5. _____

PLEASE CHECK THE **COMMITTEE(S), WORKSHOP(S), PROGRAM(S)** YOU ARE INTERESTED IN:

Committees

Budget & Finance
 Ways & Means
 Library
 Na Mea Hawai'i
 Scholarship
 Constitution & Bylaws
 Charitable & Welfare
 Membership
 Health & Welfare
 Na Kupuna (Sr. Prgms.)

Workshops

Boutiques: Arts & Crafts
 Na Keiki (children)
 Kamali'i/Opio (teens)
 'Olelo (language)
 Grant Writing
 Food/Catering Program
 Please list other special interests

Performance Workshops

A Cappella Choral Group
 Music Group
 Hula-Dance Group
 Health Education
 Aha 'Ohana Olakino ('Ohana event)
 Family Programs ('Ohana event)

For more information please call: Maggie Perry at (714) 392-3450 or e-mail: mapg5@msn.com

**Āina Hau o Kaleponi Hawaiian Civic Club is a 501(c)(3) non-profit organization
 dedicated to the perpetuation and promotion of Hawaiian culture and its people.**

DUES: New: _____ Renewal: _____

Date membership Accepted: _____

Single Membership, 18 years and older \$25.00 _____

Single Parent with Family: \$30.00 _____

Student Membership (full time) \$10.00 _____

Ohana /Family Membership: \$40.00 _____

Please complete your application and send with your check payable to:

AOKHCC - MEMBERSHIP
 12534 Valley View St., #343
 Garden Grove, CA 92845

'Āinahau O Kaleponi Hawaiian Civic Club Our 32nd Year (1982 - 2014)

Officers:

Pelekikena, Charlene Kazner
Hope Pelekikena 'Ekahi, Edye Hill
Hope Pelekikena 'Elua, Ualani Ho'opai
Pu'uku, Eric Kakahara
Kakau 'Olelo Ho'opa'a, Lehua Swope
Kakau 'Olelo Ho'oholo, Maggie Perry
Sergeant at Arms, Gil Kveen
Immediate Past President, Analani Imbach

Address:

12534 Valley View Street, No. 343
Garden Grove, CA 92845

Website: www.aokhcc.org

Year Chartered: 1982

Motto:

E Malama 'Ia Na Pono O Ka 'Aina E Na 'Opio
"The Culture of the Land is Preserved in its Youth"

Club Flower: Pikake

Club Colors: White, Peacock Blue, Seafoam Green

Club Song: 'Āinahau

Newsletter: Kahakuhi O 'Āinahau

Editor: Maggie Perry (mapg5@msn.com)

Board of Directors:

Maile Hill

Maile Hubbard

Victor Pang

Rose Burns

Lani Ryan

Ululani Cortez

Na Lei Makalapua Representatives:

Gil Kveen and Jane Pang

